



THE FOREST

LET'S GO!

Just 60 minutes from Nairobi, near Limuru, in Kereita Forest. Enjoy a wide range of activities, from high adrenaline to tranquil absorption of the surrounding nature

Open from 8:30am to 5:30pm
Closed on Mondays except on Public Holidays
Last activity starts at 4:30 pm

***MPESA AND CARD PAYMENTS ONLY**

RATES 2018 (FROM 1/7/18)



THE FOREST RESTAURANT

Spectacular views over the valleys, while you enjoy local grown healthy food to match all budgets and preferences

Picnics not allowed

ACTIVITY

DURATION

PRICING

pp in KSH

INCL. VAT

BOOKING IS ESSENTIAL TO AVOID DISAPPOINTMENT

(approx.)

ADULT

CHILD (12yrs or less)



FLYING FOX ZIP TOUR *

2 hours / 2.2kms / 6 lines

2,800

2,300

Glide over the canopy

45 min / 750m / 2 lines

1,800

1,800

at heart racing speeds ***TO PARTICIPATE:** Minimum height requirement is 1.4m (average 9yr old). Maximum weight limit is 115kgs.

MOUNTAIN BIKING

1 hour

1,000

800

Rent and ride through The Forest

2 hours

1,200

1,000

4 Hours

2,000

1,700



Bring your own bike and helmet to ride The Forest trails

Full Day

500

400

e-BIKES

NEW!!!

Electric motors to give that extra power

1 hour

1,500

1,500

2 hours

2,000

2,000

4 Hours

3,000

3,000



FOREST ROVERS **NEW!!!**

Balance and zoom for extreme fun

1 Hour

2,000

1,500



PAINT BALLING 100 paint balls to blast away

1 hour

1,750

1,600

Additional 50 paintballs at

500 /-



ARCHERY Learn the skills of true marksmanship

1 hour

1,200

1,100

Warning, can be addictive



NATURE WALKS Inspiring and informative

1 hour

400

200

A guide leads you through the forest and its secrets

2 hours

600

400



FLY FISHING Catch rainbow trout on the

Full Day

2,000

1,500

Gatemayo River. Includes license & guide, bring own equipment



TREE PLANTING Give back to the future

Per Tree

250

250

by planting an indigenous tree



FOOTGOLF Upto 16 hole course through The Forest

1 hour

1,000

800

Min 2 pax per game / Max 8 pax per game

2 hour

1,600

1,200



HORSE RIDING The Forest on horse back **WOW!!**

30 mins

1,800

1,300

From first timers to expert riders.

1 hour

2,200

1,700

Includes KFS fee of Ksh. 300

4 hour

5,000

4,000



CAMPING Enjoy star-lit nights at The Forest

1,000

1,000

500

Firewood and non drinkable water provided

guard / 12 hours

(4 yrs + under = Free)

Meals to cook can be ordered from the restaurant



TEAM BUILDING and GROUP PACKAGES

Specific packages tailored to enhance your team - Contact enquiries



PLAY GROUND Lots of fun for all ages at no charge

Board games also available

MORE COMING SOON!!!

*TICKETS ONCE ISSUED ARE NON-REFUNDABLE *ACTIVITIES MAY BE AFFECTED DUE TO ADVERSE WEATHER *ALL ACTIVITIES MUST BE PAID FOR IN FULL AND BE ISSUED WITH A TICKET

Appropriate clothing to be worn: Suncream, out-door shoes, trousers(no-skirts), hats, warm and rain proof clothing.

Reasonable standards of fitness are required. The Forest is at an altitude of 2,500m.

FOR BOOKINGS PLEASE VISIT www.theforest.co.ke

For general enquiries, information, group bookings and Team-building packages please email:

info@theforest.co.ke or call +254 (0)711 11 22 33 or +254 (0)711 22 33 66