



THE FOREST
LET'S GO!

• BREAKFAST •

ADVENTURE BREAKFAST carnivore vegetarian

Hot Beverage (Tea, coffee or hot chocolate)

Fresh fruit juice

Pancakes

2 eggs & toast

(Omelet, fried, scrambled)

Baked beans and grilled tomato

+ Bacon & sausage (Chicken, beef or Pork).....1,100

+ Hash brown potatoes.....800

FOREST BREAKFAST carnivore vegetarian

Hot Beverage (Tea, coffee or hot chocolate)

Fresh fruit juice

2 eggs & toast

(Omelet, fried, scrambled)

+ 2 sausages (Chicken, beef or Pork).....900

+ Hash brown potatoes.....700



LIGHT BREAKFASTS

2 Eggs and toast (omelet, fried, scrambled, poached or boiled) V300

Spanish omelet (mushroom, tomato, onion and sweet pepper) V400

Pancakes.....300

Sausages/grilled tomato350

Side of bacon/grilled tomato400

Tea, 2 mandazis and a sausage400

Arabica Filter Coffee200

Cappuccino Single / Double250/300

Café Latte Single / Double250/300

Mocha.....300

Latte Machiato.....300

Espresso.....300

Espresso Machiato.....300

Hot Chocolate250

Traditional Tea250

Dawa (tea, fresh ginger, honey and lemon)250

Chai Masala (tea, masala, fresh ginger and milk)250

Lemon Tea.....250

Purple Tea.....300

Herbal tea (Fresh mint, Chamomile, hibiscus flower, green tea, cinnamon)....300



HOT DRINKS

*Do not miss our Weekend Buffet incl. BBQ meats, salads and desserts / Kshs. 1,200 ; Vegetarian Kshs. 1000. inc. all taxes

• A LA CARTE •

SNACKS



BURGERS



SANDWICHES



SALADS

Soup of the Day V - Please ask your waiter

Freshly made soup with a homemade bread roll400

Plate of Plain Chips V250

Plate of Masala Chips V350

2 Sausages and Chips - Great with a lot of ketchup!400

Vegetable Spring Rolls V

4 Crispy spring rolls with spicy sweet & sour dipping sauce400

Buffalo Wings - 8 Chicken wings served in our delicious BBQ sauce750

Beef Samosas - 4 Crispy fried samosas with lemon wedges400

Chicken Burger

with lettuce, tomato, fried onions on a soft seeded bun950

with back bacon and/or cheddar cheese1100

Beef Burger

with lettuce, tomato, fried onions on a soft seeded bun950

with back bacon and/or cheddar cheese1100

Forest Adventure Sandwiches Served in a Baguette

Spinach and feta cheese750

Chicken, mushroom, bacon and mayonnaise1000

Marinated beef fillet strips with tomato and fried onion sauce1000

Toasted cheddar cheese and tomato sandwich (white or brown)1100

All burgers and sandwiches are served with chips or salad

Chef's Adventure Salad

Lettuce, cherry tomatoes, cucumber, sweet pepper, green and

black olives, onions feta cheese and croutons V700

Add chicken and crispy bacon bits950

***Do not miss our Weekend Buffet incl. BBQ meats, salads and desserts**

Kshs. 1,200 ; Vegetarian Kshs. 1000.

inc. all taxes

PIZZAS



and



PASTAS

Margarita V (Tomato and cheese)	950
Vegetable V (Sweet peppers, mushrooms, tomatoes, red onions, sweet corn, basil)	950
Hawaiian (Chicken and pineapple)	1000
Pepperoni (Pepperoni, sweet pepper and onion)	1000

All pizzas are topped with tomato sauce, mozzarella and oregano

Spaghetti or Penne V - Tomato sauce or bolognaise	800
---	-----

• MAIN COURSES •

Palak Paneer V - indian spinach with paneer cheese	1000
Murgh Makhani - Buttered chicken breast	1000
Grilled Beef Fillet - aged fillet marinated in black pepper, smoked and grilled with pepper sauce	1200
Mutton Rogan Josh- Tender mutton seasoned with black pepper and indian spices	1300
Adventure Chicken- The Forest signature chicken. Quarter Kienyeji chicken fried with sweet corn	1300
Chicken Escalope - Grilled chicken breast topped with cheddar cheese and served with tamarind sauce	1300

All main courses are served with one of the following:
salad/chips/rice/mashed potatoes/naan/ugali/mukimo



DESSERTS AND MILK SHAKES



Ice Cream Sundae - 3 scoops of vanilla, strawberry or chocolate ice cream with muesli in a glass bowl.....	500
Fruit Salad (a selection of fresh local fruits).....	500
Chocolate Brownie - mouth watering with a scoop of vanilla ice cream	500
Marsala or Sweet Lassi	400
Milk shakes (Banana Vanilla, Strawberry Banana, Mint chocolate, Mango Peanut and Banana).....	500

*Do not miss our Weekend Buffet incl. BBQ meats, salads and desserts Kshs. 1,200 ; Vegetarian Kshs. 1000.
inc. all taxes